

Vegetarian Dishes



- 53. MOUSSAKA** **V G D** **£14.10**
Chunks of tomatoes, aubergines & onions cooked in tomato sauce & herbs. Served with rice.
- 54. TABAK RAWHOU** **V G D** **£13.75**
Fresh aubergines, courgettes, onions cooked in tomato sauce, garlic and herbs. Served with rice.
- 55. BAMIEH** **V G D** **£13.75**
Fresh okra cooked with onions in tomato sauce, garlic & spices. Served with rice.
- 56. FASOULIEH** **V G D** **£13.75**
Fresh green beans cooked with onions in tomato sauce, garlic & spices. Served with rice.

Salads & Side Dishes



- 57. ARABIC SALAD** **V G D** **£5.25**
Finely chopped tomatoes, cucumbers, onions & lettuce topped with herbs, fresh lemon juice & olive oil.
- 58. GREEK SALAD** **V G** **£5.90**
Chopped tomato, cucumber, lettuce, feta cheese & red onions dressed with herbs, fresh lemon juice and olive oil.
- 59. CUCUMBER & YOGURT** **V G** **£4.65**
Finely chopped cucumber mixed with yogurt, garlic & garnished with herbs.
- 60. ARABIC RICE** **V D** **£5.10**
Rice with vermicelli cooked with vegetable butter, garnished with aromatic spices.
- 61. MUJADARA** **V G D** **£5.60**
Whole lentil & rice cooked in vegetable oil, spices and topped with onions fried with cornflour.
- 62. CHIPS** **£4.25**



Desserts

- 63. ELAF HALWA** **£4.45**
Halwa is a staple dessert from the Middle East. Made from the finest tahini (sesame paste) & pistachios. Topped with chocolate sauce.
- 64. MUHALABIEH** **£4.10**
Milk pudding cooked with rose water & garnished with grated nuts.
- 65. BAKLAVA** **£4.50**
Filo pastry & shredded pastry stuffed with pistachio nuts baked with butter and honey.
- 66. TURKISH DELIGHT** **£4.25**
A selection of coloured & flavoured turkish delight.
- 67. MIXED DESSERT** **£7.95**
Delicious mix with a bit of Elaf halwa, turkish delight, baklava, kanafeh.
- 68. KANAFEH** **£4.50**
Layers of shredded pastry stuffed with pistachio and nuts baked with butter honey and sugar.
- 69. CHOCOLATE FUDGE CAKE** **£5.00**
Made with chocolate and served with ice cream.



Cold Drinks

- Soft Drinks** **£2.75**
(Coke, Diet Coke, Fanta, 7UP)
- APPLETISER** **£2.45**
- TONIC WATER** **£2.25**
- SODA WATER** **£2.25**
- SPARKLING WATER** **£2.25**
- MINERAL WATER** **£2.10**



Soft Drinks Cans

- Coke** **£1.75**
- Diet Coke** **£1.75**
- Pepsi** **£1.75**
- Diet Pepsi** **£1.75**
- Fanta** **£1.75**
- Diet Fanta** **£1.75**
- 7UP** **£1.75**
- Diet 7UP** **£1.75**
- J20** **£2.85**
Apple & Raspberry, Orange & Passion, Apple & Mango



FOOD ALLERGY NOTICE:

Please note that as our rice is cooked with vermicelli it is not gluten free. Our bread also contains gluten.

if you have any food allergies, intolerances or any special dietary requirements please inform a member of staff.

Thank you!



ELAF

LEBANESE & SYRIAN RESTAURANT



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Soup



1. **LENTIL SOUP** V G D £5.25
2. **CHICKEN SOUP** £5.75
Chicken breast, carrots, vermicelli, double cream, fresh garlic, onions, flour, spices.

Cold Starters



3. **HUMMUS** V G D £5.95
Cooked chickpeas crushed with tahini mixed with fresh lemon juice & garlic, topped with olive oil.
4. **BABAGHANOUJ** V G £5.95
Baked aubergine mashed with tahini, garlic and yogurt, mixed with chopped tomato, onions, parsley, pomegranate sauce, topped with olive oil.
5. **LABNEH** V G £5.30
Concentrated Mediterranean yogurt topped with herbs & olive oil.
6. **KESHKEH** V £5.45
Homemade cheese mixed with crushed wheat, parsley & herbs, topped with olive oil.
7. **MOUHAMARA** V £5.95
Crushed walnuts, crushed wheat, onion with herbs & red peppers topped with olive oil.
8. **PICKLES & OLIVES** V G D £4.95
Middle Eastern pickled red cabbage and turnip, served with a selection of olives.
9. **MUTABAL** V G £5.80
Baked aubergine mashed with tahini, yogurt & garlic, garnished with herbs and topped with olive oil.
10. **VINE LEAVES** V G D £5.50
Vine leaves stuffed with rice. Onions topped with lemon juice & olive oil.
11. **FATTOUSH** V £5.90
A mixture of chopped tomato, spring onions, cucumber, radish, herbs, crispy fried bread, garlic, topped with fresh lemon juice a touch of vinegar & olive oil.
12. **TABOULEH** V D £5.95
Chopped parsley, tomato & onions, mixed with crushed wheat and herbs, topped with lemon juice, and olive oil.

Hot Starters



13. **MUSHROOM BIL ZAIT** V G D £5.85
Mushrooms cooked with vegetable oil, tomato, onions, garlic & spices.
14. **MAKMOUR** V G D £5.95
Grilled aubergine cooked with tomato, onions, peppers and spices.

15. **FUL MADAMES** V G D £5.80
Broad beans cooked and mixed with chopped tomato, onions, parsley, lemon juice, garlic, herbs, topped with olive oil.
16. **FALAFEL** V G D £5.60
Crushed chickpeas and onions, mixed with herbs, spices & Fried.
17. **JAWANEH** G D £5.95
Chicken wings marinated in lemon juice, garlic & spices, grilled on charcoal.
18. **GRILLED HALLOUMI** V G (Four Pieces) £5.95
Grilled slices of Halloumi cheese garnished with herbs.
19. **CHICKPEAS FATEH** V £5.60
Cooked chickpeas, small pieces of fried bread mixed with yogurt, tahini sauce, topped with olive oil.
20. **KING PRAWNS** V (Four Pieces) £6.10
Crumb breaded king prawns, deep-fried.
21. **HUMMUS LAMB** G D £6.95
Hummus dip topped with slices of grilled lamb, garnished with parsley.
22. **KIBBEH** D (Two Pieces) £6.10
Deep-fried minced lamb shaped with crushed wheat & stuffed with minced lamb, onions, herbs & spices.
23. **CHEESE BOURAK** V (Four Pieces) £5.80
Freshly fried pastry stuffed with a selection of Mediterranean cheese, parsley and herbs.
24. **SPINACH & CHEESE BOURAK** V (Four Pieces) £5.80
Freshly fried triangles of pastry filled with spinach and soft cheese.
25. **MEAT BOURAK** (Two Pieces) £5.90
Deep-fried pastry filled with minced lamb, spices, onions & parsley.
26. **CHICKEN BOURAK** (Two Pieces) £5.70
Deep-fried pastry filled with minced chicken, spices, onions & parsley.
27. **POTATO KIBBEH** D (Two Pieces) £6.40
Deep-fried mashed potato shaped & stuffed with minced lamb, onions, herbs, flour, corn flour & spices.
28. **BATATA HARRA** V G D £5.95
Roasted potatoes cooked with peppers, chillies, garlic and coriander.
29. **GEBEN AL-MAEZ** V £6.40
Goat cheese coated in golden breadcrumbs, topped with berry sauce.



Main Courses



34. **ELAF MIXED KEBAB** G £16.99
Combination of spicy Elaf chicken, kafta kebab, cheesy kofta chicken, grilled on charcoal, layered on fresh onions, parsley & herbs. Served with garlic sauce.
35. **MIXED KEBAB** G £17.99
Combination of chicken kebab, shish kebab, kafta kebab grilled on charcoal, layered on fresh onions, parsley & herbs. Served with chilli sauce.
36. **CHEESY KOFTA CHICKEN** G £13.50
Chargrilled skewers of seasoned minced chicken with mozzarella, onion, peppers and parsley served with garlic sauce.
37. **CHICKEN KEBAB** G £13.50
Chunks of chicken breast marinated in white sauce, garlic & grilled on charcoal, layered on fresh onions, parsley, herbs. Served with chili sauce.
38. **SHISH KEBAB** G £14.60
Chunks of tender lamb marinated in spices. Grilled on charcoal layered on fresh onions, parsley & herbs. Served with chili sauce.
39. **SHAWARMA CHICKEN** G D £13.25
Roasted thin slices of marinated chicken breast.
40. **KAFTA KEBAB** G D £13.50
Minced lamb mixed with onions, parsley, spices & grilled on charcoal, layered on fresh onions, parsley & herbs. Served with chilli sauce.
41. **SPICY ELAF CHICKEN** G £13.50
Chunks of chicken breast marinated in spicy red pepper paste, grilled and placed on fresh onions, parsley & herbs. Served with garlic sauce.
42. **LAMB CHOPS** G D £18.99
Grilled lamb chops marinated in spices layered on fresh onion & herbs, served with salad, rice or chips.
43. **CHEFS SPECIAL CHICKEN** G D £16.99
Chargrilled rolled chicken off the bone marinated with herbs topped with fried onions & pepper. Served with rice, chips, or salad.
44. **LAMB SPINACH** G D £14.50
Whole leaves of fresh spinach with onion, coriander, garlic and herbs, cooked with minced meatballs (lamb) served with rice.
45. **MAKLUBIEH** G D £14.50
Rice cooked with aubergines & spices, topped with chunks of tender lamb, layered with aubergines & garnished with parsley & nuts. Served with cucumber & yogurt.
46. **TABAK RAWHOU** G D £14.50
Fresh aubergines, courgettes & onions cooked with chunks of tender lamb, in tomato sauce, garlic and herbs. Served with rice.
47. **BAMIEH** G D £14.50
Fresh okra cooked with chunks of tender lamb in tomato sauce, onions, garlic & spices. Served with rice.
48. **FASOULIEH** G D £14.50
Fresh green beans cooked with chunks of tender lamb & onions in tomato sauce, garlic, spices. Served with rice.

49. **Meatballs** G D £14.50
Minced lamb balls cooked with onions and peppers in tomato sauce. Served with rice.
50. **FATTEH ELAF** £14.60
Cooked chunks of tender lamb layered with aubergines, tomatoes, onions in tomato sauce with herbs, topped with toasted bread, tahini sauce & nuts.



Fish



51. **SALMON** G D £21.50
Salmon steak marinated in herbs and spices grilled on charcoal. Served with a choice of rice, chips or salad.
52. **SEA BASS** G D £22.25
Sea Bass steak marinated in herbs & spices grilled on charcoal. Served with a choice of rice, chips or salad.

